

November 30, 2025



Week 13 – THE SERMON ON THE MOUNT, PART 3 (Mt 6:1-18, pp. 99-105)

The Sermon on the Mount is one of the most famous “sermons” that Jesus delivers. In the sermon, Jesus teaches about the Kingdom of Heaven. The sermon goes from Matthew 5 through Matthew 7.

In Part 1 of the Sermon we read the “**Beatitudes**” and learned about the true nature of BLESSING. In Part 2, we read about **God’s Law** and its fulfillment in Christ. Today, in Part 3, we learn about **Giving, Praying and Fasting**.

In His teaching about “Giving, Praying and Fasting,” Jesus discourages us to do these things in order “to be seen, or praised by others.” **Why are we to do these things in secret?** _____

Last week, Jesus encouraged us to think of the Law in terms of our internal disposition toward others. If one’s external actions don’t match their internal intentions, then they are hypocrites. **How does that apply to those who “Give, Pray and Fast,” in order to be seen or praised?** _____

What is the true purpose of Giving?

What is the true purpose of Praying?

What is the true purpose of Fasting?

How are God’s people rewarded when they give, pray and fast in secret? (see CFM, p104) _____

Consider how “Giving, Praying and Fasting” are viewed in the church today. **What does our resistance to doing these hard, sacrificial things which are commanded by Jesus, tell us about our spiritual life?**

What is meant by the following quotes from CFM, p105?

“We remember the curse when we fast, give, and pray.”

“God can do infinitely more with our lack than we can do with our abundance.”

“Join the ancient church by fasting before receiving Holy Communion; let your hunger pangs drive you to hunger and thirst for Christ’s body and blood to nourish your soul and body.”

How can the people of God encourage one another in “Giving, Prayer, and Fasting?” _____

For Next Time:

Week 14 – THE SERMON on the MOUNT, PART 3 (Mt 6:19-34, pp. 107-113)